

CCAI Heritage Tours

Suggested Packing List – Spring

Spring is our all-time favorite season to visit China with relatively lighter crowds, cheaper flights, and the country is still buzzing with post-Lunar New Year energy.

Temperatures to pack for:

China's spring temperatures, North to South, typically range from **mid-50s to upper-70s**. Northern provinces are dry and thawing out from their chilly winters. Southern provinces are more humid and springtime is the beginning of rainy season.

Clothing:

Keep in mind that you will need to be staying in a hotel for at least three days if you need professional laundry services (hotels generally have a 24-hr turnaround on laundry). In most cases, washing your clothes by hand in your hotel room and air-drying them, if needed, is the best option.

Keywords for spring: Comfortable layers

- 4-5 short sleeve t-shirts
- 2-3 long sleeve layering shirts (button-ups, cardigans)
- 1-2 light sweaters (hoodies, crewnecks, knits)
- Weatherproof jacket (hooded if you're not a hat guy/gal, medium weight)
- 2-3 pants (to match all of the above tops)
- 1-2 nicer outfits in case of special occasions (orphanage visits or fancy dinner)
- Socks (we'll be walking a lot, so choose our best ones)
- Underwear
- Pajamas
- 1-2 pairs comfortable walking shoes, 1 pair of nicer shoes for special occasions
- Baseball cap/sun hat/bucket hat/beanie (if you're a hat guy/gal)
- Sunglasses

The Essentials:

- Personal Identification
 - Passport
 - 1-2 hardcopies of the photo page of your passport
 - 1 digital saved on your phone and in the cloud

- If your travel visa is in an old passport, TAKE YOUR OLD PASSPORT WITH YOU
- Copies of your Adoption Registration
 - 1-2 hardcopies
 - 1 digital copy saved on your phone and in the cloud
- Driver's License
- Travel insurance card
- Money pouch/belt
 - \$250-\$400/person cash in USD (airports accept credit cards so you will not need to exchange any cash until you arrive at your hotel in China)
 - ATM card
- Toiletries
 - Toothbrush, toothpaste, floss
 - Glasses/contact lenses & contact solution
 - Face wipes
 - Deodorant
 - Lotion, sunscreen
 - Shampoo & conditioner
 - *Note for women* Feminine products are slightly different in China. Pads tend to be thicker, with no wings, and tampons are difficult to find, as are menstrual cups. Plan accordingly if you are particular about the products you use.
- Tech support
 - Cell phone and charger (150-240V capacity)
 - Headphones
 - If you use bluetooth headphones, consider bringing a backup wired pair as well. Some China airlines do not allow bluetooth headphones to be used in flight.
 - Camera and charger(s) (150-240V capacity)
 - Outlet adapter (although most hotels and cafes use Type A outlets) & power converter
 - [Here's a compact one that we love](#)
 - [Here's a classic block one that we also love](#)
 - [Here's one for travelers with a lot of tech to charge](#)

- Portable battery charger (must have voltage label for TSA approval, must be below 100Wh)
 - [Here's a big one that's great](#)
 - [Here's a small one we like](#)

- Health Items
 - Kleenex (4-6 travel packets) or [camping toilet paper rolls](#) (Some public restrooms do not provide toilet paper)
 - [These super handy soap sheets](#) or [these cute ones](#) (many public restrooms do not have soap)
 - [These super handy laundry detergent sheets](#) (lightweight with no risk of bursting in your luggage)
 - First Aid kit
 - Personal medication
 - Variety of over-the-counter meds: Benadryl, Tums, DayQuil, NyQuil, throat lozenges, Advil, Aleve, Tylenol, Excedrin, Sudafed, Mucinex, Pepto Bismol, Immodium
 - Antibiotics for infections and traveler's diarrhea (optional)
 - Anti-itch/anti-histamine cream (Benadryl, Allegra, etc.)
 - Mosquito repellent (Those pesky mosquitos really love our Asian blood... They start waking up in the spring down south)
 - Antibacterial hand sanitizer/wipes
 - Face masks

- Miscellaneous Items
 - Some zip-lock bags (these are just always useful)
 - Water bottle
 - Snack foods** in case you aren't able to find enough food you like (Bring as much as you need, but don't go overboard. Small snack bars, nuts, etc.)

- Bonus Items:
 - Rain poncho ([this one is great and easy to pack](#))
 - Tracking tags for luggage, wallets, bags, etc.
 - [These ones work great with both iOS and Android](#)
 - Card games/travel board games
 - Travel utensils
 - [Here's a TSA-approved set that we like](#)

- [Here's a TSA-approved super lightweight set](#)
- [Travel blanket](#) for international flight (why are they always so cold?)
- Small quick-dry travel towel ([like this one](#)) for sweat and spills
- Face wipes to freshen up after travel

- [Here's a favorite of ours](#)